Empire BlueCross BlueShield

An Anthem Company

Support for little bumps and big bumps

Give mom and baby the help they need with Future Moms

Having a baby is one of life's great moments. It's also a very important time for your partner and your baby to be healthy.

Future Moms is a program that can help pregnant women have a healthy baby. It's offered at no extra cost. If the mother of your baby is covered by your health plan, ask her to sign up. It's easy to join. Just call us toll free at **800-828-5891**.

With Future Moms, support is just a phone call away, any time, any day.

Future Moms — better health for mom and baby

To sign up, just call **800-828-5891**.



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MNYPS3149Y Rev. 06/14