VOLUNTARY HOSPITALS HOUSE STAFF BENEFITS PLAN

Children's National Medical Center

Dear House Staff Officer,

Are you unable to locate your Member ID?

Email the Benefits Office at benefits@cirbenefitfunds.org

Questions about your Benefits?

As a member of CIR you're entitled to receive the Supplemental Outpatient Mental Health Benefit. You can be reimbursed up to **$200** per outpatient mental health visit with an eligible certified licensed provider up to a maximum of **$5,000** per plan year. More information about the Supplemental Outpatient Mental Health Benefit can be found here within the Benefits at a Glance.

Need to update your address?

To update information such as social security number(s), date of birth, marriage, birth or adoption certificate's), complete our **Update Form** found here.

For questions regarding benefits call the Benefits Office from Monday – Friday, 9am – 5pm at (212) 356-8180 or via email at benefits@cirbenefitfunds.org.

Sincerely,
CIR Benefit Funds

10-27 46th Avenue, Suite 300-2, Long Island City NY 11101
Phone: (212) 356-8180 Fax: (212) 356-8181 benefits@cirbenefitfunds.org https://www.cirseiu.org

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